



DeWitt Men's Swimming and Diving November 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	21 First Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	22 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	23 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	24 Thanksgiving No Practice No Shopping!	25 No Practice	26 Practice 8:30AM – 11:30AM Drylands and Swim
	28 AM DMS: 545-7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	29 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	30 Practice 2:45 – 5:00PM Time Trials Dive: 4:30-6:30PM			



DeWitt Men's Swimming and Diving December 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	2 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	3 Meet @ East Lansing Preseason Invite 10AM Bus @ 8:15AM
	5 AM DMS: 545-7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	6 AM State Team 5:45AM – 7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	7 Meet @ Howard Comstock Waverly Relays 6:30PM Bus @ 4:30PM	8 Practice 2:45 – 5:00 Dive: 4:30-6:30PM	9 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	10 Practice 8:30 – 11:30AM Drylands and Swim Dive: 8:30-10:30AM
	12 AM DMS: 545-7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	13 AM State Team 5:45AM – 7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	14 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	15 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	16 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	17 Meet @ Novi 10AM Bus @ 7:30AM
	19 AM DMS: 545-7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	20 AM State Team 5:45AM – 7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	21 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	22 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	23 Practice 8:30 – 10:30AM Alumni Basketball 8:30-9:30AM Alumni Water Polo 9:30 – 10:30AM	23 rd CONTINUED Scrimmage Versus Alumni Friday 6PM On Deck and Ready at 5PM
December 24 and 25 No Practice	26 No Practice	27 Practice 8:30 – 11:30AM Dive: TBD	28 Practice 8:30 – 11:30AM Dive: TBD	29 Practice 8:30 – 11:30AM Dive: TBD	30 Practice 8:30 – 11:30AM Dive: TBD	31 No Practice



DeWitt Men's Swimming and Diving January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2 NO PRACTICE!	3 Proposed Lock In 2:45PM Tuesday until 11:30AM Wednesday Sport Challenge: Volleyball, Water Polo Dive: TBD	4 Lock In continued Dismiss 11:30AM Sport Challenge: Basketball, Dodge Ball Dive: TBD	5 Day Off to Recover	6 Practice 2:45 – 5:00PM Dive: 5:30-7:00PM	7 Meet @ Saginaw Heritage Relays 12PM Bus @ 8:15AM
	9 HPI: 530-630AM Practice 2:45 – 5:00PM Dive 4:30-6:30PM	10 AM State Team 5:45AM – 7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	11 HPI: 530-630AM Practice 2:45 – 5:00PM Dive 4:30-6:30PM	12 Meet Home Saint Johns 6PM On Deck and Ready @5PM	13 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	14 Practice "The Board" 8:00AM – 10:00AM Dive: TBD
	16 No School: MLK Jr. HPI: 530-630AM Practice 2:45 – 5:00PM Dive 4:30-6:30PM	17 AM State Team 5:45AM – 7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	18 HPI: 530-630AM Practice 2:45 – 5:00PM Dive 4:30-6:30PM	19 Meet@ Okemos 6PM Bus: 4:30PM	20 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	21 No Practice Dive: TBD
	23 HPI: 530-630AM Practice 2:45 – 5:00PM Dive 4:30-6:30PM	24 AM State Team 5:45AM – 7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	25 HPI: 530-630AM Practice 2:45 – 5:00PM Dive 4:30-6:30PM	26 Meet Home East Lansing 6PM On Deck	27 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	28 No Practice Dive: TBD
	30 HPI: 530-630AM PM Swim Scheduled Off Day! Dive 4:30-6:30PM	31 AM State Team 5:45AM – 7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM				



DeWitt Men's Swimming and Diving February 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 HPI: 530-630AM Practice 2:45 – 5:00PM Dive 4:30-6:30PM	2 Meet Away Holt 6PM Bus Time 4:30PM	3 Practice 2:45 – 5PM DeWitt Inv. Diving	4 Meet DeWitt Invite 10AM
	6 HPI: 530-630AM Practice 2:45 – 5:00PM Dive 4:30-6:30PM	7 AM State Team 5:45AM – 7AM Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	8 HPI: 530-630AM Practice 2:45 – 5:00PM Dive 4:30-6:30PM	9 Meet Home Grand Ledge 6PM On Deck and Ready 5PM Senior Night 2023!	10 Practice 2:45 – 5:00PM Dive: 4:30-6:30PM	11 NO PRACTICE Dive: 8:30-10:30AM
	13 Practice 2:45 – 5:00PM TAPER BEGINS!!!! Dive: 4:30-6:30PM	14 Practice 2:45 – 4:45PM Dive: 4:30-6:30PM	15 Practice 2:45 – 4:30PM Dive: 4:30-6:30PM	16 Practice 2:45 – 4:30PM Dive: 4:30-6:30PM	17 Practice 2:45 – 4:30PM Dive: 4:30-6:30PM	18 NO PRACTICE Dive: 8:30-10:30AM
	20 Practice 2:45 – 4:15PM Dive: 4:30-5:30PM	21 Practice 2:45 – 4:00PM Dive: 4:30-5:30PM	22 Practice 2:45 – 3:45PM Shortest Practice of the Season! Dive: 4:30-5:30PM	23 Practice 2:45 – 5:00PM SHAVE DAY Shave, Swim, Eat Pizza @ 5:15PM Dive: 4:30-6:30 PM	24 League Prelims Time TBD Hosted by Grand Ledge	25 League Finals Time TBD Hosted by Grand Ledge
	27 Practice 2:45 – 4:30PM Dive: 4:30-5:30PM	28 Meet 2 nd Shave@ Grand Ledge 4:30PM Bus @ 3:00PM Dive: 5:30-7:00 PM				



DeWitt Men's Swimming and Diving March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Practice 2:45 - 4PM Everyone State Team Only 4:00 – 5:00PM Dive: 5:30-6:30PM	2 Practice State Team Only 2:45 – 5:00PM Dive: Regionals 3:00 WU, 5:00 Start- Location TBD	3 Practice State Team Only 2:45 – 5:00PM Dive: 5:30-7:00PM	4 NO PRACTICE Dive: 8:30-10:30AM
	6 Practice State Team Only 2:45 – 4:30PM Dive: 5:30-7:00PM	7 Practice State Team Only 2:45 – 4:30PM Dive: 5:30-7:00 PM	8 Practice State Team Only 2:45 – 4:15PM Dive: 5:30-7:00PM	9 Practice State Team Only 2:45 – 5:00PM SHAVE AGAIN! Dive: 5:30-6:30 PM	10 State Prelims Noon @ Oakland University	11 State Finals Noon @ Oakland University